

### **Abstract of the Disclosure**

The present invention is a golf swing training apparatus comprising, an elongated shaft having a lower end and an upper end, wherein the upper end includes a handgrip. A club head having a ball striking face, a backside face and a ball-

5 capturing cavity within the club head is attached to the shaft's lower end. The club head's cavity opens to a ball-receiving aperture centered on the ball-striking face, wherein the ball receiving aperture is sized to receive a golf ball sized object, and wherein the ball-capturing cavity is decreasingly tapered such that a golf ball sized object entering the ball-receiving aperture as a result of a proper golf swing will be

10 lodged within the ball-capturing cavity.